

# The Employee Health & Wellness Center

**Care**Here!

**The Indian River Health & Wellness Center** is a primary care facility treating both acute and chronic conditions at NO COST for both employees and dependents enrolled in a District health plan. CareHere also provides NO COST wellness programs and health coaches to guide you through the process of losing weight, quitting smoking, controlling your blood pressure and more.

CareHere is a well-known and trusted healthcare organization skilled at delivering innovative, high-quality, cost-effective primary care.

- NO COST for visits or 200+ generic medications
- NO COST for labs
- Convenient schedule that includes early morning, late evening and Saturday hours
- 24/7 Scheduling and Nurse Advice Line
- Less than 5 minute average wait time
- NO COST for annual Health Risk Assessment
- NO COST for wellness programs and health coaching
- NO COST for well-man, well-woman, sports and school physicals
- Certain imaging services available at NO COST when referred by a CareHere provider to Indian River Radiology
- Home Delivery Pharmacy program for many chronic medications

## **SCHEDULE ANYWHERE**

844.422.7343 | [CareHere.com](https://carehere.com) | CareHere App

Register with your access code **NRSE2**

CareHere abides by all federal HIPAA and confidentiality regulations.

Indian River Health & Wellness Center

5255 41st Street | Vero Beach

### **IMPORTANT NOTICE**

#### **REGARDING MISSED APPOINTMENTS AT WELLNESS CENTER**

Effective immediately, we are implementing a new policy that is designed to reduce the number of "No Shows" at the Wellness Center. "No Show" appointments prevent others from being served and add to the cost of our health care. Therefore, when an employee or dependent has missed three appointments in a calendar year without cancelling, that member or dependent will be charged a \$25.00 fee, deducted through payroll. The member will then be charged an additional \$25.00 fee for any future missed appointments, without prior cancellation, for the remainder of that calendar year.

