

## WHAT IS TRIA HEALTH?

Tria Health is a free benefit offered through your health plan. Tria Health's Pharmacy Advocate Program will help members who take multiple medications or have a chronic condition. Our Pharmacy Advocate Program offers you the ability to have confidential consultations with a pharmacist to ensure your medications are working the way they are intended, keeping you healthy and active.

## WHO PARTICIPATES?

Individuals who take multiple medications and/or have one or more chronic condition(s):

- Diabetes
- Heart Disease
- High Cholesterol
- Respiratory
- Pain
- Mental Health
- Osteoporosis
- High Blood Pressure
- Specialty
- Migraines

## WHAT'S IN IT FOR ME?

It's FREE, confidential and will save you money. Tria Health is part of your benefit plan. Active participants will receive **free generics and reduced select brands** on medications used to treated targeted chronic conditions.

## HOW DO I GET STARTED?

Tria Health will be outreaching to members via mail, email and phone to schedule appointments for the Pharmacy Advocate Program. You can schedule your own appointments online any time at [www.triahealth.com/enroll](http://www.triahealth.com/enroll). In addition, you may call Tria Health at 1.888.799.TRIA (8742) for assistance.

## WHAT CAN I EXPECT?

After enrolling, you'll schedule your first one-on-one telephonic consultation. During your appointment, you and your Tria pharmacist will review your medications, evaluate how well they work to treat the current condition(s) and make recommendations. After your appointment you will receive a summary of the care plan discussed. The same information will be shared with your physician.



1. SCHEDULE



2. CONSULT



3. PLAN



4. SAVE!