Summary of Coverage: What This Plan Covers & What it Costs



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document for Medical at MedMutual.com/SBC or by calling 800.540.2583 and for Prescription Drug at www.express-scripts.com or by calling 877.842.2879.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$300</b> /single, <b>\$600</b> /family Network <b>\$600</b> /single, <b>\$1,200</b> /family Non-Network Doesn't apply to coinsurance, copays and network preventive care	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out–of–pocket</u> limit on my expenses?	Yes, Coinsurance Limit: \$875/single,\$1,750/family Network \$1,750/single,\$3,500/family Non-Network Out-of-pocket Limit: \$6,600/single,\$13,200/family Network Unlimited/single,Unlimited/family Non- Network	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. The coinsurance limit is included in the <u>out-of-</u> <u>pocket limit</u> .
What is <u>not included</u> in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Is there an overall <u>annual</u> <u>limit</u> on what the plan pays?	No	The chart on page 2 describes any limits on what the plan will pay for <u>specific</u> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See MedMutual.com/SBC or call 800.540.2583 for list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

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• Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- <u>Coinsurance</u> is your share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Network providers by charging you lower deductibles, copayments and coinsurance amounts.

Common		Your cost if you use a			
Medical Event	Services You May Need	Network Provider Non-Network Provider		Limitations & Exceptions	
	Primary care visit to treat an injury or illness \$25 copay/visit		ay/visit	none	
	Specialist visit	\$25 copay/visit		none	
If you visit a health care provider's office	Other practitioner office visit (Chiropractic)	10% coinsurance	30% coinsurance	none	
or clinic	Other practitioner office visit (Acupuncture)	Not Covered		Excluded Service	
	Preventive care/screening/ immunization	No Charge	30% coinsurance	none	
	Diagnostic test (x-ray)	10% coinsurance	30% coinsurance	none	
If you have a test	Diagnostic test (blood work)	10% coinsurance 30% coinsurance		none	
	Imaging (CT/PET scans, MRIs)	10% coinsurance30% coinsurance		none	

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Coverage Period: 01/01/2016 – 12/31/2016

**Coverage for:** Single or Family | **Plan Type: PPO** 

Common		Your cost i		
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about prescription drug coverage is	Generic drugs	\$10.00 copay – retail; \$25.00 copay – mail order	\$10.00 copay - retail Not covered – mail order	Covers up to a 30-day supply (retail prescription); Covers up to a 90-day supply (mail order prescription); Prior Authorization – Some drugs may require a prior authorization (preauthorization). If necessary prior authorization (preauthorization) is not obtained, the drug may not be covered. <b>Copays double after 3 fills</b> <b>at Retail Only.</b>
available at <u>www.express-</u> <u>scripts.com</u> .	Preferred brand drugs	\$20.00 copay- retail; \$50.00 copay – mail order	\$20.00 copay- retail Not covered – mail order	Your plan uses a preferred drug list that identifies the status of covered drugs.
	Non-preferred brand drugs	\$40.00 copay- retail; \$100.00 copay – mail order	\$40.00 copay- retail Not covered – mail order	
	Specialty drugs         Same as Retail Copays         Same as Retail Copays		Same as Retail Copays	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	none
surgery	Physician/surgeon fees (Outpatient)	10% coinsurance	30% coinsurance	none
	Emergency room services	\$75 copay/visit		none
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	30% coinsurance	none
	Urgent care	\$25 cop	ay/visit	none
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	none
stay	Physician/surgeon fee (Inpatient)	10% coinsurance	30% coinsurance	none

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	Mental/Behavioral health outpatient services	Benefits paid based on corresponding medical benefits		none	
If you have mental health, behavioral	ral inpatient services Benefits paid based on corresponding medical benefits		none		
abuse needs outpatient services		Benefits paid based on corresponding medical benefits		none	
	Substance abuse disorder inpatient services	Benefits paid based on corresponding medical benefits		none	
If you are pregnant	Prenatal and postnatal care	10% coinsurance	30% coinsurance	(Prenatal Visits are covered at no charge with in-network providers)	
n you are pregnant	Delivery and all inpatient services	10% coinsurance	30% coinsurance	none	
	Home health care	10% coinsurance	30% coinsurance	none	
	Rehabilitation services (Physical Therapy)	10% coinsurance	30% coinsurance	none	
If you need help	Habilitation services (Occupational Therapy)	10% coinsurance	30% coinsurance	none	
recovering or have other special health needs	Habilitation services (Speech Therapy)	10% coinsurance	30% coinsurance	(10 visits, then Medical Review – Professional; unlimited – Institutional)	
	Skilled nursing care	10% coinsurance	30% coinsurance	none	
	Durable medical equipment	10% coinsurance	30% coinsurance	(Includes Wigs, which are limited to 1 per benefit period, when hair loss is due to chemotherapy or radiation)	
	Hospice service	10% coinsurance	30% coinsurance	none	
If your child needs	Eye exam (Child)	No Charge 30% coinsurance		none	
dental or eye care	Glasses	Not C		Excluded Service	
	Dental check-up (Child)	Not Covered I		Excluded Service	

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#### **Excluded Services & Other Covered Services:**

Acupuncture	<ul> <li>Hearing Aids</li> </ul>	•	Routine Eye Care (Adult)
Cosmetic Surgery	Infertility Treatment	•	Routine Foot Care
Dental check-up (Child)	Long-Term Care	•	Weight Loss Programs
Dental Care (Adult)	• Non-Emergency care when traveling outside		
Glasses	the U.S.		

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Bariatric Surgery

• Chiropractic Care

• Private-Duty Nursing

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while coverage under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 800.540.2583. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: the plan at 800.540.2583.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

#### **Does this Coverage Provide Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage **does meet the minimum value standard for the benefits it provides.** 

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.-----

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### About these Coverage **Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)	Man	
Amount owed to providers: \$7,540 Plan pays \$6,516 Patient pays \$1,024		<ul> <li>Amount</li> <li>Plan pays</li> <li>Patient p</li> </ul>
Sample care costs:		Sample car
Hospital charges (mother)	\$2,700	Prescription
Routine obstetric care	\$2,100	Medical E
Hospital charges (baby)	\$900	Office Vis
Anesthesia	\$900	Education
Laboratory tests	\$500	Laborator
Prescriptions	\$200	Vaccines,
Radiology	\$200	Total
Vaccines, other preventive	\$40	
Total	\$7,540	Patient pay
atient pays:		Deductibl Copays
Deductibles	\$300	Coinsuran
Copays	\$0	Limits or
Coinsurance	\$724	Total
Limits or exclusions	\$0	
Total	Note: These	
hese numbers assume that the patient of se an HRA or FSA. If you participate in IRA or FSA and use it to pay for out-o openses, then your costs may be lower. hore information about your HRA or F	n an f-pocket For	participating you have dia wellness pro more inform program, ple

#### naging type 2 diabetes (routine maintenance of a well-controlled condition)

- owed to providers: \$5,400
- **vs** \$5,200
- pays \$200

#### re costs:

Total	\$5,400
Vaccines, other preventive	\$100
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

#### VS:

Deductibles	\$0
Copays	\$200
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$200

se numbers assume the patient is g in our diabetes wellness program. If iabetes and do not participate in the ogram, your costs may be higher. For mation about the diabetes wellness lease contact: 800.540.2583.

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please contact your employer group.

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### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services (HHS), and aren't specific to a particular geographic area or health plan.
- Patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same policy period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summaries of Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

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✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Group #687072, Sections 600, 601, 602

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