

# REGA ADVANTAGES

## MEMBER DEALS AND DISCOUNTS

### GYM MEMBERSHIPS

#### The Active&Fit Direct™ Program

The Active&Fit Direct program allows you to choose from 9,000+ participating fitness centers nationwide for \$25 a month per person (plus a \$25 enrollment fee and applicable taxes) and a 3 month commitment.

The program offers:

- Online directory maps and locator for fitness centers (available on any device)
- A free guest pass to try out a fitness center before enrolling (where available)
- The option to switch fitness centers to make sure you find the right fit
- Online fitness tracking from a wide variety of popular wearable fitness devices, apps, and exercise equipment

The Active&Fit Direct program is offered through American Specialty Health Fitness, Inc., one of the nation's leading fitness networks serving millions of members.



#### Get Started Today!

1. Go to [www.accessrga.com](http://www.accessrga.com) then click the myRGA Member Login button on the top of the page to access your online account.

On desktop computers:

myRGA Member Login

On mobile devices:



2. After you log in to the RGA member portal, click on the "Access Health and Wellness Discounts" tile.

Access Health  
and Wellness  
Discounts



3. Click on the \$25 "Join Now" badge. From there, you can enroll and obtain a fitness card to present at contracted fitness centers.



**Limitations/Disclaimer:** Participants must be 18 years of age and have a valid email address. Participants may pay by credit card and are charged in advance on a monthly basis using a recurring payment subscription. Participants commit to 3 months of membership. If a participant chooses to cancel, they must provide a 30-day notice of cancellation. All payments are subject to tax, if applicable, based on the participant's location.

**Fee Notice:** A \$25 enrollment fee, \$25 for the current month (regardless of the enrollment date within that month), and \$25 for the next month are due when you enroll. Recurring payments are charged on the same date each month as your enrollment date, starting the month after you enroll. The fee collected is for the following month's participation.

The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health (ASH). Active&Fit Direct and the Active&Fit Direct logo are trademarks of ASH and used with permission herein.

RGA is completely independent from the company that provides these products and services. RGA does not endorse or guarantee the products and services offered or their effectiveness. RGA reserves the right to change the program at any time without prior notice.

If you have more questions about this discount program, contact Active&Fit directly at **1-844-646-2746**



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Group Administrators

An Independent Licensee of the Blue Cross and Blue Shield Association