### **Cigna Dental**

In the middle of orthodontic treatment? Switching to a Cigna DHMO<sup>1</sup> plan? Your new DHMO coverage may help pay some of your orthodontic costs.

### Q: What is "orthodontics in progress"?

**A:** It's when you start orthodontic treatment with one carrier. Then you switch to Cigna DHMO before your orthodontic care is done. Your treatment is still "in progress." And your Cigna plan may cover it.<sup>2</sup>

### Q: Do I have coverage for orthodontics in progress under my new Cigna plan?

A: You could qualify for coverage if your teeth are being actively moved (by bands or appliances, such as braces) when your Cigna coverage starts. Your DHMO coverage depends on your specific plan's limitations. Take a look at your Cigna DHMO Patient Charge Schedule (PCS). It will tell you if you have orthodontic coverage under your plan. Your coverage may be different from what you had under your old plan.

Please note: The terms of the contract you signed with your orthodontist don't change. You're still responsible for the orthodontist's total charge.

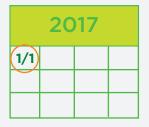
#### Q: What if I get a new PCS when a new coverage period starts? Will my copay or coinsurance change?

- A: When a new coverage period starts, sometimes your PCS will change. Your orthodontic copay or coinsurance may change too. It depends on when you start your orthodontic treatment:
  - > Before the new coverage period starts. You owe the copay/coinsurance listed on your old PCS.
  - After the new coverage period starts. You owe > the copay/coinsurance listed on your new PCS.

### **Orthodontics in progress example\***

(Based on Patient Charge Schedule K1-09)





24 months of active treatment started 8/9/16

On 1/1/17, the patient's Cigna DHMO plan takes effect

20 months of active treatment are left

**\$24** 

\$480

#### x 20 \$480

Cigna DHMO monthly contribution remaining for active treatment

months of active treatment

+ \$30 =

## \$510

Cigna DHMO orthodontic retention payment Combined Cigna payment

In this example, the plan contributes a total of \$510 towards the remaining orthodontic treatment costs.

After the 20 months, active treatment is complete and plan contributions stop. The patient pays any remaining balance owed to the orthodontist.

\* For illustrative purposes only. Your actual plan coverage and out-of-pocket costs will vary.



### Together, all the way."

#### Q: How do I find out how much coverage I have? How do I get payment?

- A: After you enroll, your orthodontist can complete a standard Orthodontia in Progress form or you can get one by calling Cigna customer service at 800.Cigna24. To complete the form, you must know:
  - The phase of treatment ("active treatment" or "retention" – ask your orthodontist)
  - The months of treatment you have left when your new Cigna plan starts

Submit the form to Cigna. We'll let you know how much your plan pays for orthodontics in progress. Your plan can pay your orthodontist quarterly. If you've prepaid your bill, we can pay you directly.

# **Q:** What about non-orthodontic treatment in progress?

- **A:** Your Cigna DHMO plan doesn't usually cover nonorthodontic treatment in-progress.<sup>3</sup> This includes:
  - Root canal treatment
  - Crown and bridge work
  - Dentures

You should finish this treatment under the guidelines of your prior dental plan. See your plan documents for more details.

## **Q:** Will the patient charge for retention on the PCS apply?

**A:** No. Cigna's contribution level takes the cost of retention into consideration.

## **Questions?**

For live, 24/7 customer service, call us at **800.Cigna24 (800.244.6224)**. Or visit us at **Cigna.com**.

- 1. The term "DHMO" is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to, prepaid plans, managed care plans, and plans with open access features. The Cigna DHMO is not available in the following states: AK, HI, ME, MT, NH, NM, ND, PR, RI, SD, VI, VT, WV, and WY.
- 2. Not all plans include orthodontic coverage. Depending on your plan design, some charges may not qualify for payment. The following services are generally not covered: incremental costs associated with optional/elective materials; orthognathic surgery and associated incremental costs; appliances to guide minor tooth movement; appliances to correct harmful habits; and services which are not typically included in orthodontic treatment. See your plan documents for details.
- 3. If you reside in California or Texas and are enrolled under a Cigna Dental Care (DHMO) plan, treatment already in progress on the effective date of your coverage is not excluded if otherwise covered under your PCS.



All group dental insurance policies and dental benefit plans contain exclusions and limitations. For costs and details of coverage, see your enrollment materials.

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