

2018 Relyance Bank Employees

We are pleased to introduce a tool to enhance your 2018 Wellness Program experience. We know that communication is key to helping you stay on track and meet your wellness compliance. In addition, we will be providing access to more health and wellness information and resources through Wellvibe™. As an enrolled member of our medical benefit program, you and your enrolled spouse are eligible to participate and take advantage of the benefits offered by this exciting program.

It will come as little surprise that a large portion (as much as 75% nationally) of all medical costs are directly related to lifestyle choices. Simply put, lifestyle along with other contributing factors, such as using brand vs. generic drugs, can have a significant impact on our current and future healthcare costs. As a result, we believe in the importance of educating, promoting and rewarding our health plan participants for taking action toward making smart and healthy lifestyle and health consumer choices.

Here's How it Works!

To receive the December 2018 premium credit, all Relyance Bank employees and spouses (on the medical plan) will have wellness activities to complete. Required activities may include intake questions, watching a short educational video, completing a biometric screening and completion of preventive screenings.

Using Wellvibe, you can track your individual progress as well as gain easy access to wellness events, news and information regarding your medical plan.

Wellvibe Support

800.499.1286 | support@wellvibe.com | Mon. - Fri., 8am-5pm EST
Knowledgebase: <http://support.wellvibe.com>

For Members accessing Wellvibe for the first time:

- Go to <https://wellvibelogin.com>
- Click on "register here."
- Enter your:
 - First name
 - Last name
 - Date of birth
 - Group key code: **4EWGFR**
- Create your user name and password
- Sign in to Wellvibe with the user name and password you created.

Completion Incentives



To earn FREE health insurance in December 2018, all employees on the medical, and their covered spouses must complete:

- Biometric Screening

Deadline: All employees and their spouse must complete their biometric screening by September 30, 2018.

Biometric Screening

Getting a biometric screening may seem intimidating but it is not. A biometric screening is simply a blood test and a few basic body measurements (height, weight, blood pressure, etc). The screening is used to get a snapshot of an individual's current health status for early detection and intervention that leads to a healthier, longer life.

To complete this activity:

Sign in to Wellvibe and review the Biometric Screening activity for more information and instructions.

Make sure to visit your physician and get a routine biometric screening between October 1, 2017 and September 30, 2018.

Preventive Screenings

Breast Cancer Screening (Women, age 50-74)

Method: Mammogram

Interval: Every 2 years

Cervical Cancer Screening (Women, age 21-65)

Method: Pap test

Interval: Every 3 years

-OR-

Method: Pap test with HPV co-testing

Interval: Every 5 years

Colorectal Cancer Screening (Women /Men, age 50-74)

Method: Fecal occult blood test

Interval: Every year

-OR-

Method: Sigmoidoscopy

Interval: Every 5 years

-OR-

Method: Colonoscopy

Interval: Every 10 years

Don't Have a Primary Care Physician...

No worries, call or email your Compass HealthPro today to help find a quality PCP near you. Your HealthPro can even schedule the appointment for you!



Lindsey Webster | Compass HealthPro | 800.513.1667 x515 | lindsey.webster@compassphs.com

Register and Sign in to Wellvibe

1 Go to: www.wellvibelogin.com

Sign In to Wellvibe

Email Address

Password

[SIGN IN](#) [Forgot Password](#) [Forgot Email](#)

First time users please register here

Click on "register here"

2 Fill in the registration form.

Your Group Key is **4EWGFR**

New Member Registration

First Name

Last Name

Date of Birth (mm/dd/yyyy)

Your Group Key (You need this from your employer)

[Read Our Privacy Policy](#)
 I've read and agree to the Privacy Policy

[Submit](#)

3 Add your email address & create your password for signing in.

New Member Registration

If you do not have an email address, we recommend that you create a free Yahoo email at Yahoo.com or Google email account at Gmail.com. You will need a valid email address to complete this registration. Remember, this is the username you will always use to sign in.

Email Address

Enter Email Address Again

Enter Password

Enter Password Again

[Submit](#)

4 Sign In to Wellvibe with the email and password you created in step 3.

Sign In to Wellvibe

Thank you for joining Wellvibe! You may now sign in with the email address and the password you provided.

Email Address

Password

[SIGN IN](#) [Forgot Password](#) [Forgot Email](#)

First time users please register here

5 After you sign in:

- Click on the Activities tab in the top navigation.
- Review and complete the activities that have been assigned to you.

Wellvibe FAQ's

Q How do I know I have done everything to earn my incentive?

A Completion in Wellvibe is determined by Activities. To check on activity completion status, sign in to Wellvibe at www.wellvibelogin.com and click on the "Activities" button on your top navigation bar. Activities you still need to complete will appear on the left portion of the screen in the "Required Activities" section. Activities that you have already completed will appear in the "Completed Activities" box on the right portion of the page.

If all required activities are complete, you're done!

Q I faxed, emailed, or uploaded my barcode scan form BUT my activity is still not complete.

A Processing time for all barcode scan forms is 7-10 business days. Please be patient and allow us the processing time before checking on the status. If it has been longer than 10 business days, please feel free to contact us or you can resend the scan form. When contacting Wellvibe you will need to have your completed barcode scan form available.

Q What if my activity completion is processed after the deadline, even though I completed it on time?

A Your employer will not run the final incentive reports until Wellvibe has processed all activity completions. Also, activity completion is processed based on the screening date NOT the date it was processed.

Q I completed an activity on my Insurance carrier's website (ex. Health Assessment) but the activity does not show complete in Wellvibe.

A Please make sure to read the full activity description for each activity. Most activities that require Wellvibe to receive completion from your Insurance Company will take 4-6 weeks to update. Please be patient and allow us the processing time before checking on the status.

Wellvibe FAQ's (continued)

Q I'm having trouble logging in.

A If you are having trouble logging in, probably one of three issues has occurred:

- You have not yet registered. If this is the case, please follow the instructions on the "Register and Sign In to Wellvibe" page.
- You are entering an incorrect password. If this is the case, please click the link "forgot password" on the sign in page to reset your password.
- You are entering an incorrect email address. If this is the case, please contact Wellvibe Support, and we can let you know the email address we have on file.

Q What do I do with my completed activity forms?

A Always keep a copy of the activity completion form for your personal records. Turn in your completed forms by following the "Action I need to take" section on the activity description.

Q What is Wellvibe Supports Turn around time?

A Wellvibe Support strives to handle your issue or process your information in the timeliest manner. Our turn around times are as follows:

- Initial Contact: up to 48 hours (voicemail, call backs and emails)
- Data Feeds: 3-5 business days
- Barcode Scan Forms: 7-10 business days from date of receipt

Q How do I contact Wellvibe when I need help?

A Wellvibe is available Monday - Friday, 8:00 a.m. to 5:00 p.m. eastern time.

email: support@wellvibe.com

phone: 800.499.1286

Knowledgebase: <http://support.wellvibe.com>