

90-DAY PRESCRIPTION FILLS

Filling your maintenance medications just got easier with Cigna 90 NowSM

You have a lot going on. Taking your medication every day and remembering to pick up your refill every month isn't always easy. We have a program that can help – it's called Cigna 90 Now.

More choice

Your plan includes a new maintenance medication program called Cigna 90 Now. Maintenance medications are taken regularly, over time, to treat an ongoing health condition. **Cigna 90 Now offers you more choice in how, and where, you can fill your prescription.**

Choose what works best for you

- › If you choose to fill your prescription in a 90-day supply, you have to use a 90-day retail pharmacy in your plan's new network, or Cigna Home Delivery PharmacySM.*
- › If you choose to fill your prescription in a 30-day supply, you can use any retail pharmacy in your plan's new network.



You choose! 90-day or 30-day supply.

Where you can fill a 90-day prescription

With Cigna 90 Now, your plan offers a new retail pharmacy network that gives you more choice in where you can fill your 90-day prescriptions.

There are thousands of retail pharmacies in your new network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop! If you prefer the convenience of having your medications delivered to your home, you can also use Cigna Home Delivery Pharmacy to fill your prescriptions.*

For more information about your new pharmacy network, you can go to **Cigna.com/Rx90network**.



Why fill a 90-day supply?

Filling your prescriptions in a 90-day supply may help you stay healthy because having a 90-day supply of your medication on-hand typically means you're less likely to miss a dose.** It also means you can make fewer visits to the pharmacy to refill your medication, and depending on your plan, you may be able to save money by filling your prescriptions 90-days at a time.

Here are some of the 90-day retail pharmacies in your network:***

- › **CVS** (including Target and Navarro)
- › **Walmart**
- › **Kroger** (including Harris Teeter Pharmacy, Pick N Save Pharmacy, Fred Meyer Pharmacy, Fry's Food and Drug)
- › **Access Health** (including Benzer Pharmacy, Marcs, Big Y Pharmacy, Marsh Drugs, LLC, Snyder Drug Emporium)
- › **Good Neighbor Pharmacies** (including Big Y Pharmacy, Super RX Pharmacy, Medical Center Pharmacy, Family Pharmacy, King Kullen Pharmacy)
- › **Cardinal Health** (including Freds Pharmacy, Medicine Shoppe Pharmacy, Harris Teeter Pharmacy, Medicap Pharmacy)

Together, all the way.®



CIGNA HOME DELIVERY PHARMACY

Quick facts

Cigna Home Delivery PharmacySM is designed especially for individuals who take prescription medications on an ongoing basis.

- › Acid reflux
- › Allergies
- › Anxiety
- › Arthritis
- › Asthma
- › Birth control
- › Diabetes
- › High blood pressure
- › Infertility
- › Multiple sclerosis
- › Osteoporosis
- › Many others

When you choose Cigna Home Delivery Pharmacy to fill your ongoing medications, you can take advantage of the following.

- › Licensed pharmacists available 24/7
- › Up to a 90-day supply in one fill
- › Standard delivery to your home or other preferred location at no additional cost
- › Likely lower out-of-pocket costs – which are costs that your plan doesn't cover, and that you're responsible for*
- › Our free reminder service will text or email you when it's time to refill your prescriptions
- › Specialty medications available, including those that require refrigeration and/or overnight delivery
- › FDA approved medications

Manage your medications 24 hours a day, seven days a week.

- › You can view medication prices based on your plan, track order, view shipping status, and see the number of refills you have left online on **myCigna**.

- › Call **800.835.3784**, option one, to place an order for a refill.
- › Call **800.835.3784**, option two, to check the status of an existing order.

For new prescriptions: Choose the ordering method that is easiest for you

Electronic:

Have your doctor's office send your prescription to us electronically. It's the fastest and easiest way.

Phone:

1. Have your medication, doctor's name and payment information ready.
2. Call **800.285.4812**.
3. We'll request a prescription from your doctor for a 90-day supply with refills.

Mail:

1. Request a prescription from your doctor for a 90-day supply with refills.
2. Download an order form from **myCigna**.
3. Mail the completed order form, prescription and payment to:
Cigna Home Delivery Pharmacy
PO Box 1019
Horsham, PA 19044

You may also choose from the following payment options:

- › Credit/debit card (American Express, Discover, MasterCard, VISA)
- › Check
- › Money order

Together, all the way.[®]



*Savings are based on a 90-day fill/refill and are subject to your plan's provisions. Your benefit plan may differ based on state law. Please check your plan documents for more details and to confirm that you have the Cigna Home Delivery Pharmacy benefit.

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COMPARE DRUG COSTS

Check myCigna.com before you fill your next prescription

You may be able to save on your prescription by reviewing costs first.

Check the drug cost tool on myCigna to:

- › Compare prescription costs for 30- and 90-day supplies based on your plan benefits*
- › See if a lower-cost drug alternative is available
- › Locate in-network pharmacies near you
- › Find a network pharmacy that can fill a 90-day prescription supply, if covered under your plan



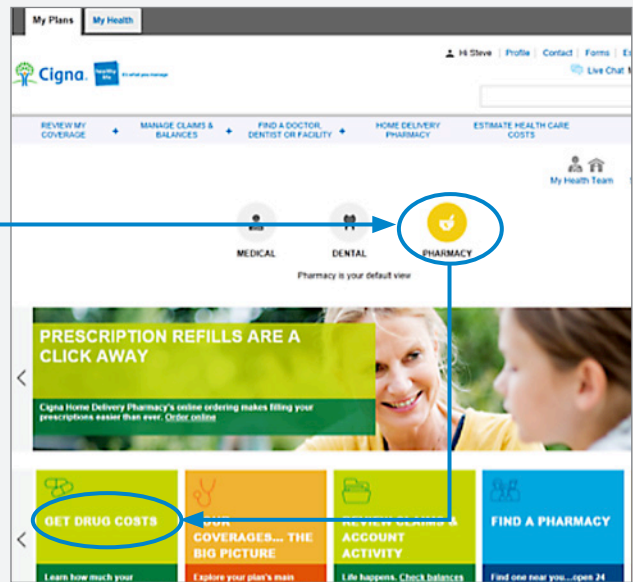
See drug costs when you're on the go with the myCigna App.**

Together, all the way.®



It's easy to compare costs

1. Log in to **myCigna.com** online or through the app.
2. Choose **Pharmacy**, then **Get Drug Costs**.
3. Enter the medication name and dosage.



Get Drug Costs

What drug are you looking for?

View estimates for: Jane I DOB: 01/01/1990 Preferred Pharmacy: Pharmacy A (555) 555-1212 123 Main Street Your town, USA

Enter or select a Drug Name: Prinivil From My Drug List

Enter or select drug information: Form/Strength: TAB 20MG Quantity: 1 Frequency: per day Duration: 90 days

RELATED LINKS: 2015 No Cost Preventive Medications, Cigna Home Delivery Pharmacy Prescription Order Form, Prescription Drug Claim Form, Understanding My Coverage

NEED HELP? FAQ

4. Select pharmacies near you to compare costs. In this example the total cost for a 90-day supply of Prinivil at Pharmacy A is the least costly option.

Pharmacy A 90-day network pharmacy	PRINIVIL TAB 20MG Brand		LISINOPRIL TAB 20MG Generic Equivalent	
	30-day supply Total Cost: \$8.09 Plan Pays: \$1.65 You pay: \$6.44 Total Savings: \$0.10	90-day supply Total Cost: \$19.36 Plan Pays: \$1.58 You pay: \$17.78 Total Savings: \$1.84	30-day supply Total Cost: \$2.09 Plan Pays: \$1.75 You pay: \$0.31 Total Savings: \$6.23	90-day supply Total Cost: \$1.98 Plan Pays: \$1.68 You pay: \$0.30 Total Savings: \$19.32
Pharmacy B 90-day network pharmacy	PRINIVIL TAB 20MG Brand		LISINOPRIL TAB 20MG Generic Equivalent	
	30-day supply Total Cost: \$8.11 Plan Pays: \$1.57 You pay: \$6.54	90-day supply Total Cost: \$19.72 Plan Pays: \$1.58 You pay: \$18.14 Total Savings: \$1.48	30-day supply Total Cost: \$1.96 Plan Pays: \$1.67 You pay: \$0.29 Total Savings: \$6.25	90-day supply Total Cost: \$1.98 Plan Pays: \$1.68 You pay: \$0.30 Total Savings: \$19.32

Lowest total cost for Prinivil = **\$17.78**

Highest total cost for Prinivil
 $\$6.54 \times 3 =$ **\$19.62**

If lower-cost prescription alternatives are available, you'll find them at **See More Alternatives**

Please note, this example is for illustrative purposes only. Your actual costs will vary.



If you have questions about your medication, please call the number on the back of your ID card. We're here to help, anytime - 24/7.



* Please note that prices are not guaranteed, nor is the display of a price a guarantee of coverage. Your costs and coverage may vary at the time you fill your prescription at the pharmacy, and pricing at individual pharmacies may vary. Not all plans cover 90-day supplies. Coverage and pricing terms are subject to change. Your pharmacy may offer a special sale price on a specific medication which may be less than the price displayed here. Please consult your pharmacy.

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Prefer to have your medications delivered to your door?

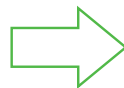
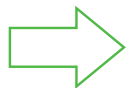
Then Cigna Home Delivery Pharmacy may be right for you! We'll deliver your maintenance medication to you at the location of your choice. And standard shipping is always free. No more waiting in line at the pharmacy! For more information, please call Customer Service at **800.285.4812**, or visit **Cigna.com/home-delivery-pharmacy**.



Questions?

Please call Customer Service using the number on the back of your Cigna ID card. We're here to help.

90-Day Fills



Get a 90-day prescription for your medication

Take your prescription to a 90-day retail pharmacy in your network, or mail to Cigna Home Delivery Pharmacy

Receive your medication in a 90-day supply for convenience

30-Day Fills



Get a 30-day prescription for your maintenance medication

Take your prescription to any retail pharmacy in your network

Receive your medication

* Plans vary, so some plans may not include Cigna Home Delivery Pharmacy. Please check your plan materials for more information on what pharmacies are covered under your plan.

** Internal Cigna analysis performed March 2016, utilizing 2015 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

*** Participating 90-day network pharmacies as of April 2016. Subject to change.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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